



WHAT CAN I DO TODAY, THIS WEEK, THIS MONTH, THIS YEAR TO REDUCE MY IMPACT ON GLOBAL WARMING & THE EARTH?

1. Buy **CFL & LED** bulbs – please **recycle CFLs** after they burn out at the Regional HHW in Naperville, Ace Hardware and Home Depot
2. **Unplug** unused appliances – clocks, extension cords, televisions, cell phone chargers, coffee pots, microwaves.
3. Plan errands to **reduce** air pollution from multiple trips
4. Use only cold water to wash clothes
5. Talk to your family – ask them to turn off the tv, radio, lights and computers when not in the room, or in use. Also, simply turn off the computer monitor to save energy
6. Change your dry cleaner to a company using no PERC
7. **Recycle** all that you can – every recycled product uses less energy to make a new product
8. Buy a reusable water bottle... i.e. metal containers or reuse glass bottles
9. Start **composting**; try not to use your garbage disposal
10. Take off slowly from stop lights and signs – you will reduce the amount of gasoline used in fast takes offs. Keep tires properly inflated
11. Buy Energy Star appliances
12. **Car pool**
13. Open blinds and curtains on sunny days and remove screens in the winter
14. Close blinds and curtains in the evening
15. Dust off light bulbs
16. **Bring your own bags** to stores
17. Buy gifts that are energy saves, planet pleasers and have less packaging
18. Make used battery collection jugs out of an old milk jug. Then sort and bring to the Naperville HHW facility
19. Take shorter showers
20. Watch these movies: “An Inconvenient Truth,” “Keeping The Earth,” or the “11th Hour”
21. Improve air quality in your home – use green cleaners and VOC free paint
22. Buy a blanket for your hot water heater
23. Insulate, insulate, insulate
24. Run dishwasher and washing machine only when full
25. Use phosphate-free dishwasher soaps and fertilizers
26. When going away, even for just a few days, **unplug** everything you can
27. Recycle old refrigerators – they are energy hogs
28. Put covers on pots and clean the reflectors under the burners
29. Clean the filter on the dryer after every use
30. **Share green information** with others -- “Drop a pebble in the pond and see the RIPPLES go on and on...” Sign up for FREE SCARCE e-newsletters -- **Ripples** and the **Green Bulletin** at www.s-c-a-r-c-e.org or come for an educational program at SCARCE.